

Lake Shore Family Support Center

What do we do?

The Lake Shore Central School District Family Support Center is here to help Lake Shore families, students, and individuals by increasing the accessibility and acceptability of prevention and intervention services.

We are committed to enhancing physical, social, and emotional well-being by providing families with linkages to community and local area support services.

Services provided by the Lake Shore Family Support Center are offered to all district families

FREE of charge.

How we can help?

Provide linkages for basic needs:

- Food
- Clothing
- Insurance
- Housing
- Utility assistance

Provide Referrals and linkage assistance to community-based services including but not limited to:

- Mental Health Counseling-Family and individual
- Crisis and Emergency Services
- Substance Abuse Concerns

The Family Support center also ...

... offers assistance
in addressing issues
with
students and families
including,
but not limited to:

- Family Communication
- Divorce/Separation
- Substance Abuse
- Mental Heath Concerns
- Anger Management
- Grief and Loss

Eagles Closet

Similar to Plato's Closet, we have a fully stocked brand new or gently used clothing closet at the High School which is available to all families in our District. We have (sometimes brand name): tops, sweatshirts, pants, workout clothes, cleats, shoes, boots, dresses, and undergarments for the whole family.

Everything is **FREE** and on a first-come, first-served basis.

Please email Keri Armbrust to schedule an appointment.

Keri.armbrust@lscsd.org

Contact Information

The Family Support Center is located at the W.T. Hoag Educational Center, but you will find our social workers across the District!



Keri Armbrust: Middle and High Schools. Contact: keri.armbrust@lscsd.org or 926-2381.



Nicole Phillips: Elementary Buildings & Middle School.

Contact: nicole.phillips@lscsd.org or 926-2321.

And you can find us online!

You can also find
Lake Shore Family Support Center information
on our lakeshorecsd.org web site: <u>HERE</u>

and on our Facebook page: Lake Shore Family Support Center

or

on Twitter: @LSfamilysupport